

We are delighted to reopen our gym and swim facilities within the Royal Station Hotel from Saturday 8<sup>th</sup> August.

To ensure the safety of our guests and staff, a number of arrangements have been made following government reopening guidelines.

## GYM

- Under our new risk assessment, the gym has a maximum capacity of two persons at any one time with distanced equipment available.
- Gym booking slots start on the half hour and last for 45 minutes, bookable through the leisure club reception.
- We ask gym users to attend already in their gym kit and avoid bringing valuables where possible.
- Lockers will be unavailable so we ask that anyone coming into the club bring their own sports bag to be taken poolside or into the gym if needed.
- The changing rooms will be unavailable to gym users at this time.

## SWIM

- Due to a greatly reduced safe capacity, only two persons will be allowed in the swimming pool at any one time.
- We will be offering pre-booked sessions which will start on the hour and last for 45 minutes, these can be booked through the leisure club reception.
- Changing facilities and lockers will be available for swimming guests only, you will be required to bring your own towel.
- The jacuzzi, steam room and sauna will remain closed until further notice.

## **OPENING TIMES**

Our opening times will be as below, please note last entry is 30 minutes before the times shown.

- Monday Thursday: 7am 9.45pm
- Friday: 7am 7.45pm
- Saturday: 9am 5.45pm
- Sunday: 8am 3.45pm

The above measures are wholly designed to keep you safe and whilst they do place limitations on our service, allow us to reopen safely for use.

We hope to welcome you back to our leisure club soon and appreciate your understanding.